

# Headteacher Update

6<sup>th</sup> May 2022



Hope you all enjoyed a lovely long weekend and that our families celebrating Eid, enjoyed themselves.



## Herbie's Pre-loved School Uniform Pop up Shop

We have so many items available in our pop up shop (inside the main Reception). If you need some clothing, shoes, coats or bags so come and see what is available.

We are also accepting good quality donations of uniform - thank you to the families who have already donated.

All items are available for an optional donation and all the money goes back in to the running of Herbie's Hut for families.

Our values focus this half term is:

## Achievement

We challenge ourselves everyday and work hard to achieve our goals.

### Dates to Remember:

**Wednesday 25<sup>th</sup> May** - Welsh Jamboree for the Queen's Platinum Jubilee

**Friday 27<sup>th</sup> May** - Last day of this half term \*\* we have postponed the fundraising day due to the Jubilee celebrations. We will share the new date with you soon.

**Monday 30<sup>th</sup> May until Friday 3<sup>rd</sup> June** - Half Term Break

**Monday 6<sup>th</sup> June** - Summer Term 2 begins

**Friday 15<sup>th</sup> and Monday 18<sup>th</sup> July** - INSET days (school closed to children)

**Friday 22<sup>nd</sup> July** - Last day of summer term.

## Attendance and Punctuality

It is now expected that attendance will return to what it was before Covid 19.

We have started to see how early improvements but this needs to continue to improve even further. From next week onwards we will be starting our attendance meetings back up and we have also been notified that Fixed Term Penalty notices will now be re-introduced. If you are having difficulties around attendance or punctuality, please call me at school or email me: [sheena.marsh@cardiff.gov.uk](mailto:sheena.marsh@cardiff.gov.uk) and I would be happy to help. We are still having many children coming into school late which often impacts on their emotional health and wellbeing and disrupts their learning and that of others. Sometimes, parents say that their child struggles with bedtimes. The advice below is taken from the 'Sleep Foundation':

### Building a Bedtime Routine

Bedtime routines are a consistent, repetitive set of activities that are carried out before bed every night. They help prepare your child for sleep by having them relax and wind down.

A bedtime routine for kids usually consists of three or four activities, for example, having a snack, brushing teeth, putting on pyjamas and reading a book. These should always be done in the same order. To make the routine even more effective, start winding down the household by dimming the lights and turning off screens in the lead-up to bed. It is important that devices in the bedroom are turned off like phones, computers or TVs.

Typical bedtime activities that have been shown to have beneficial effects on sleep include:

Having a nutritious snack

Having a relaxing bath

Brushing teeth and going to the bathroom

Reading a book

Lullaby or singing a song together

Having a cuddle and talking about the day

Thank you for your continued support, have a lovely weekend. Mrs Marsh