

BANTER

VS

BULLYING



FROM THE DIANA AWARD

BANTER

Banter is the 'playful and friendly exchange of teasing remarks'

Importantly, the person on the receiving end should always be in on the joke.

BULLYING BEHAVIOUR

Bullying is repeated, negative behaviour that is intended to make someone feel upset, uncomfortable or unsafe.

Sometimes, 'banter' gets to excuse behaviour that could actually be bullying. Be the Upstander and challenge banter that has crossed the line. Speak to a trusted adult if you need support.

If you need support from an Anti-Bullying Ambassador, keep an eye out for students wearing this badge:

Find out more: antibullyingpro.com @antibullyingpro



We're proud to be the only charity set up in memory of Diana, Princess of Wales, and her belief that young people have the power to change the world. It's a big mission but there are two things within it that we focus our charity's efforts on – young people and change.

Throughout all of our programmes and initiatives, 'change' for and by young people is central, including our anti-bullying work which encourages change in attitudes and behaviours.

We hope you found this resource useful and wish you all the best in your anti-bullying journey. If you would like to help us create more resources and train even more Anti-Bullying Ambassadors, you can make a £5 donation by texting CHANGE 5 to 70470 or visit diana-award.org.uk/donate

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